

# Sri Sathya Sai Vidya Vahini (Karnataka)

Issue 5

Apr - Jun '17



*TEACHER TRAINERS - CATALYZING TEACHER EMPOWERMENT*  
*Train The Trainer Workshop @ Brindavan*



Sri Aurobindo in his essays on *The Renaissance in India* writes about spirituality that is not removed from life, but is the basis of all life including all creative pursuits such as art, literature, philosophy, music etc.

It is the understanding of spirituality that should form the foundation of our education. It must motivate the curious minds to seek knowledge, not just for material gains but to experience the greater truth, joy and energy. A holistic approach to education, grounded in culture and values that will enable all round development in a child.

“It is when the race has lived most richly and thought most profoundly that spirituality finds its heights and its depths and its constant and many-sided fruition”

Sri Sathya Sai Vidya Vahini’s focus is on integral education, a wholesome approach to build values into every single concept being taught. The objective of the approach is aptly summed by Aurobindo

## Also read about...

- ✓ Sessions at School
- ✓ T3- the What, Why and How
- ✓ SSSVV in Pictures - MKP
- ✓ Understanding SSSVV - Insightful Pillar
- ✓ SSSVV in Pictures Classroom Content
- ✓ Feedback from schools

“does not shoot upward only to the abstract, the hidden and the intangible; it casts its rays downward and outward to embrace the multiplicities of thought and the richness of life.”

The emphasis on the practical with the abstract, the curious mind that initiates further exploration, reflection that deepens our understanding and more is discussed in detail in the next few pages on “Insightful” a IIEP principle that will be discussed in detail in this issue and the next one.





# SSSV Sessions at School



Training at Prasanthi Vidya Kendra, Bayar

Amazing energy on Campus

School Name: Prasanthi Vidya Kendra, Bayar  
Huddle Topic: Swami as an Ideal Teacher and Swami's Guidelines for Teacher-Student Bonding



SSTT at Ananda Sai Shikshana Samsthe, Shimoga



School Name: Eshwaramma Higher Primary & High School, Davanagere  
Huddle Topic: IIEP by 4C - Integral Education Framework and Classroom Management





School Name: Sri Sathya Sai Prashanthi Educational Institutions, Siddapura  
Huddle Topic: Implementation of Club Activities - Activity Based Learning Methodology



School Name: Eashwaramma English Medium High School, Heggere (Tumkuru)  
Huddle Topic: Teacher as a Role Model & Teacher-Student Bonding

Date	Type of Session	Venue / School Name
May 20-21	Train the Trainer Workshop (T3)	Sri Sathya Sai Baba Ashram, Brindavan, Kadugodi
May 27	*SSTT Refresher Session	Eshwaramma Higher Primary & High School, Davanagere
June 4	Training Huddle #1	Prashanti Vidya Kendra, Bayar
June 17-18	SSSVV Orientation	Ananda Sai Shikshana Samsthe, Shimoga
June 24	Training Huddle #1 & 2	Sri Sathya Sai Baba English Medium Nursery, Primary & High School Sri Sathya Sai Baba Higher Primary School (Kannada Medium), Mysuru
June 24	Training Huddle #1	Sri Sathya Sai Prashanti Educational Institutions, Siddapura
June 24	Training Huddle #1 & 2	Sri Eashwaramma English Medium High School, Heggere (Tumkuru)



# Train the Trainer Workshop:

## Why ? What ? How ?



This workshop is the very first opportunity for an individual to be introduced to the SSSVV program as a Teacher Trainer and in turn assisting the rural school teachers in the supported schools of SSSVV. Over the last few years, qualified and committed trainers have conducted over 70 training sessions in SSSVV schools across Karnataka, contributing their Time and Effort all driven by their love for Swami and in an effort to follow his mandate "Service is worship".

Through their patience, love and dedication they have shared their knowledge, experience and skills with teachers in SSSVV supported schools. Along the journey they have gained immensely in terms of knowledge, communication, pedagogy, technology and much more.

SSSVV has also created an opportunity for the best teachers of our supported schools to come forward and join the volunteer force as Teacher Trainers and enable the spread of Sathya Sai System of Integral Education across the length and breadth of this country.

A 2-Day workshop was organised at Brindavan on May 20th and 21st, 2017.

**What is T3 Workshop?** –A practical framework for integral education developed by SSSVV, Content Methodology, various modules created by SSSVV for enhancing teacher skill-sets, knowledge and brings about positive attitudinal transformation.

**What is the role of a Trainer in SSSVV?** The Trainer plays a very important and significant role in the program. Trainers provide guidance over training sessions to enable the teacher to make incremental changes in his/her approach to teaching,

interacting with children & parents and the overall role in the education system. The Trainer's connect with the teachers is the key enabler to help the teacher make progress from being a concept tutor to an Integral Coach and ultimately truly represent the position of Guru.

The module is designed to provide heightened awareness, greater understanding of techniques and tools, enhance skills and build a higher degree of effectiveness. T3 also covers teaching the adult learner with some principles adopted by researchers in the same field with focus on below points: Presentation skills; responding



skills; Questioning and listening skills; Interpersonal skills and Trainer attitude. The ultimate objective of a trainer is to provide participants' positive, constructive feedback and align them toward the defined training objectives.

To reiterate -this workshop is an opportunity for participants to get involved with the SSSVV program as a 'Teacher Trainer'. In addition to this, T3 enables volunteering in the field of education since it invites participants from various walks of life.





### Feedback by participants:

As a teacher having worked at for Lakshmipat Singhaniya Academy Kolkata and also at Ryan Global School Mumbai, Vidya Vahini's focus on holistic development had me excited and looking forward to attending the 2 day workshop.

The workshop gave me new ideas and can enable us to help rural school teachers to improve and adapt new techniques that would enable their students to explore and learn. The workshop has helped upgrade my current skills and learn new ways to help these rural teachers mentor their students, and take their learning from the classroom to their corridor, to their campus and finally on to their community and culminate in service to society.

The sessions were interesting, the trainers experienced. A fruitful 2 days where topics were discussed threadbare, explanations were in-depth and invigorating.

- Savithri Subramanian

I am already a trainer with SSSVV and like every traveller on the road to learning, a refresher helps revive the enthusiasm, upgrade skills, enjoy meeting other trainers and continue to pick up best practices. It helps to be at the receiving end -Listening rather than training!

Thus was my attendance at the workshop. My

feedback to the team – Coaches, trainers are well versed, reception and food excellent: What would help us become better would be more focus and time on situations for IIEP and its correlation to the 4 domains the 4 C's – Classroom, corridors, campus and community.

- Mrs.Vasantha Brahmandam

An interactive and trainee centred approach that allowed every trainee to present their individual views. Appreciation for the compere to keep everyone involved and occupied as most participants had prior teaching experience.

This also ensured a rich exchange of knowledge, earnings and ideas. The group discussions and the resultant output was interesting and a learning experience.

A few delightful quotes that came our way: "Teaching became fashion with passion" and "Chalk and Talk makes the child walk".

- Dr R T Nanda

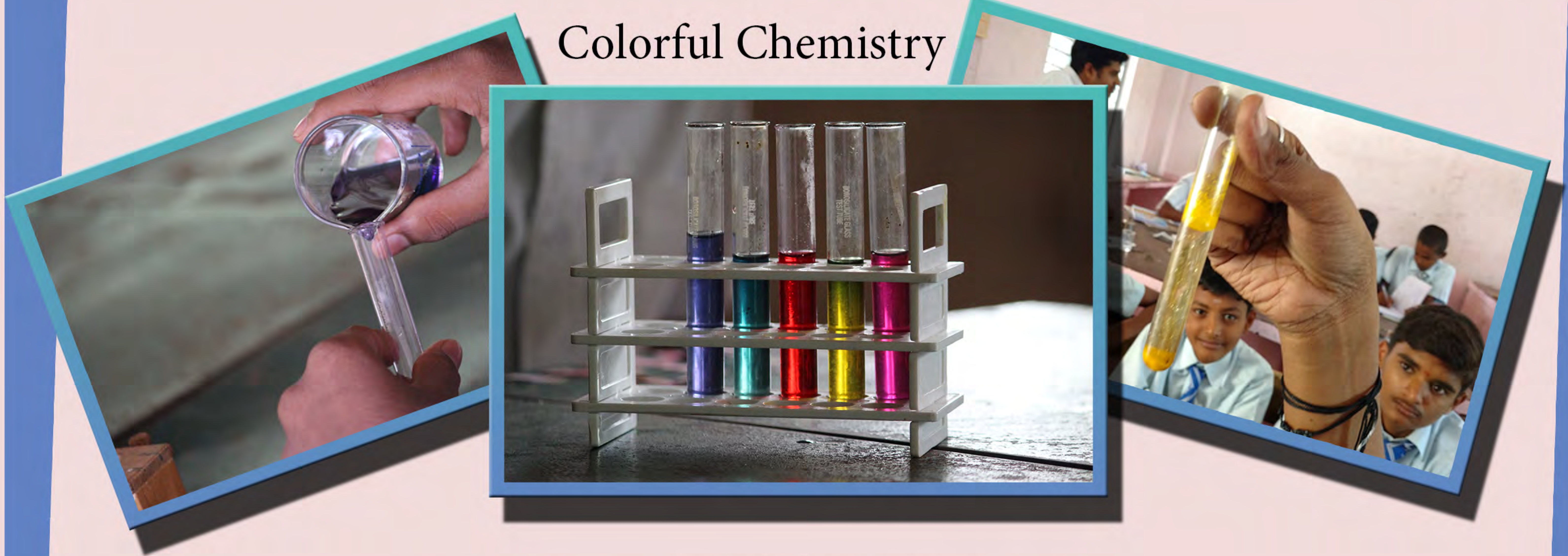






# SSSVV in Pictures : Masti-Ki-Prayogshala

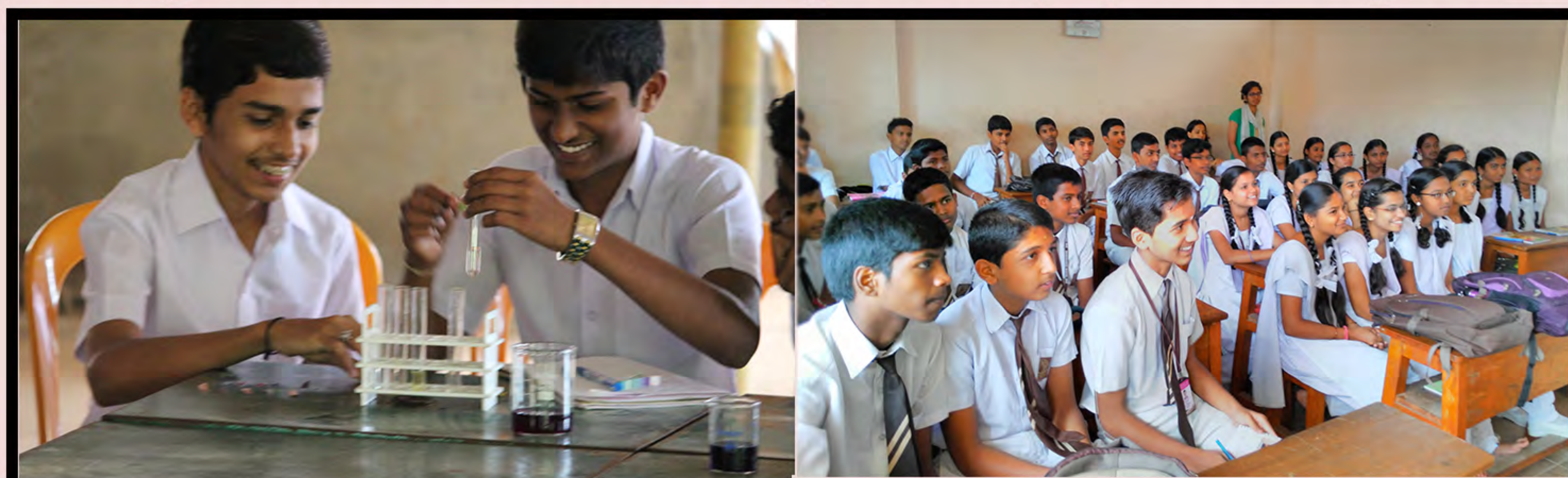
## Colorful Chemistry



## Teachers Participating in MKP session



## Making Classroom learning an Enjoyable Experience



## Participative Learning

## MKP Pre-Assessment





# Understanding SSSVV - 'Insightful' Pillar

## by Dr Sathya Sai Shree Lakshmi

In this edition Dr Sathya Sai Sri Lakshmi explains the first pillar in the IIEP by 4C Framework - Insightful and elaborates the key words that defines this concept.

Dr Sathya Sai Shree Lakshmi has done her BSc, BEd, MEd, Masters in Philosophy and Phd in Bhakthi Yoga of Sathya Sai Baba from Sri Sathya Sai Institute of Higher Learning, Anantapur Campus. She has also worked with Lead India 20-20, an organisation led by Late Shri Abdul Kalamji (Honourable Former President of India). She is an author of 8 books which include *Bhakti Yoga of Sathya Sai Baba*, *Divine Revelations*, *Shirdi Sai - Sathya Sai*, *A Comprehensive Life sketch of Shree Shirdi Sai Baba*, *Bhakti Srawanthi*, *Venkavadhootha*, *Our National Pledge - A Spiritual Perspective and translation of Autobiography of Peddabottu - a contemporary of Shirdi Sai Baba*.

Currently working as Principal of Jain Public School in Tumkur. She has been associated with Sri Sathya Sai Vidya Vahini program for over 3 years now and has been a passionate and effective teacher trainer visiting various rural schools in Andhra Pradesh, Telangana and Karnataka.

Sri Sathya Sai Vidya Vahini is a practical framework that has emerged in line with the above saying to revitalize Bharath, by implementing integral education providing the required content, training and teaching aids to the teachers. SSSVV is a high potential pedagogical tool based on the pillars of IIEP x 4C which will create an epoch bringing about a paradigm shift in the education system.

The first pillar *Insightful* is meant to ignite the mind. Bhagawan says that there are four types of knowledge: The first is bookish knowledge which is superficial. The second is General knowledge.

The third one is discriminatory knowledge and the fourth and most important is the practical knowledge. Bhagawan emphasizes that one has to arrive at the level of Practical Knowledge. SSSVV Content focusses on Practical knowledge expanding its domains of influence from classroom to corridor, campus and community. SSSVV shifts the learning paradigm from the superficial knowledge (i.e prevalent rote system) of study to acquiring practical and INSIGHTFUL knowledge by using the seven assets pedagogy. 'SSSVV' is not a theoretical or philosophical framework limited to the four walls of a classroom but a practical framework for the implementation of education that Bhagawan exemplified.

'Insightful' is the practical, total and usable understanding of a concept. It focuses on learning academic concepts and lays emphasis on gaining knowledge that is meaningful, complete and lasting. Insightful learning occurs when CURIOSITY initiates enthusiastic exploration and the sensory inputs are interpreted by establishing relationships which broaden the field of PERCEPTION. REFLECTION brings in clear thinking that leads to deep understanding and CRITICAL THINKING integrates all available information to arrive at a solution.

**"The important thing is not to stop questioning. Curiosity has its own reason for existing."  
- Albert Einstein**

**CURIOSITY** - It's no secret that curiosity makes learning more effective and enjoyable. Curious students not only ask questions, but also actively seek out the answers. Without curiosity, Sir Isaac



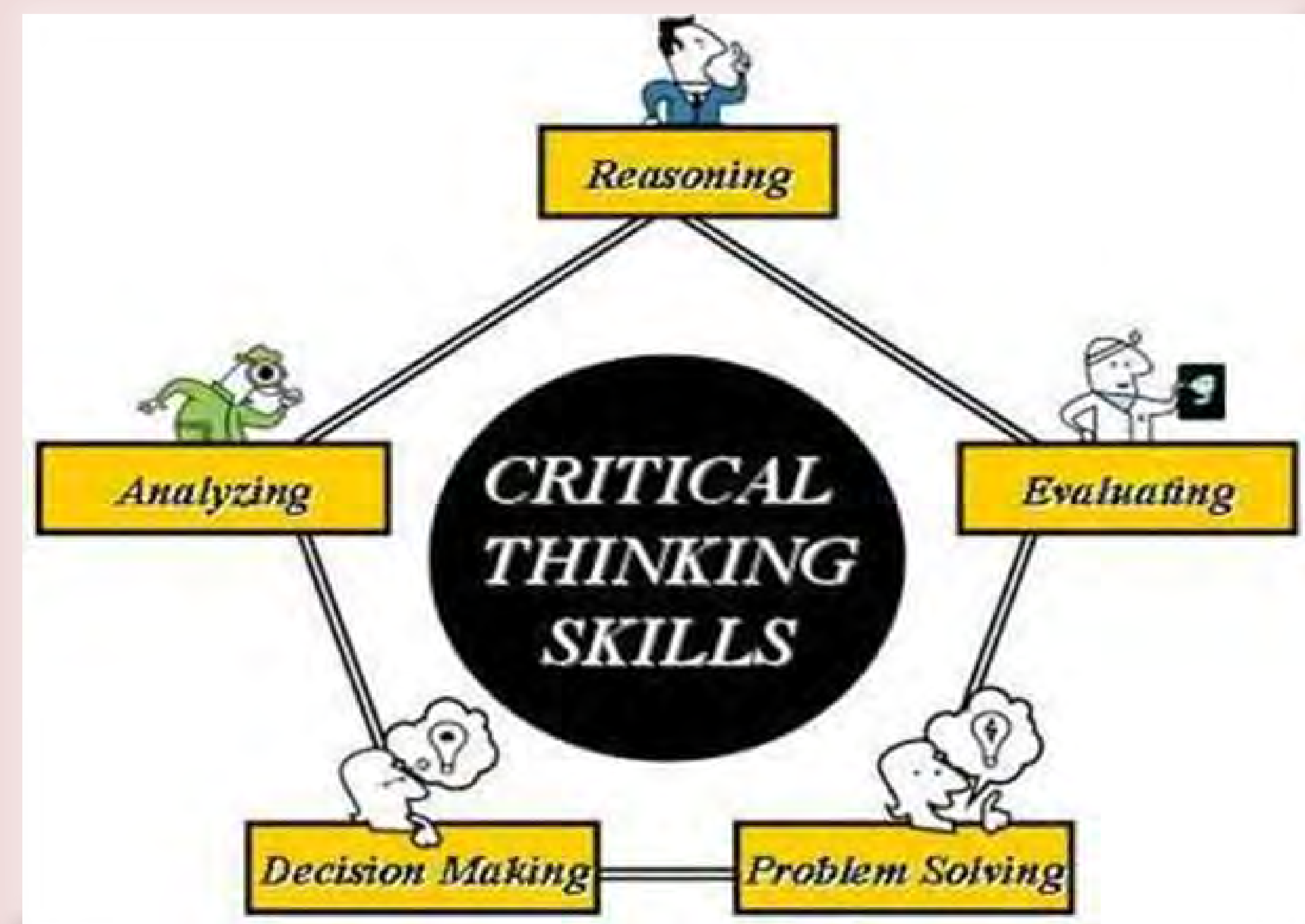


Newton would have never formulated the laws of physics and Alexander Fleming probably wouldn't have discovered penicillin. Researches have proved that curiosity prepares the brain for learning and it also makes subsequent learning more rewarding. Strategies to stimulate curiosity are to be curious yourself; Model an open, inquisitive attitude to new and familiar activities, ideas, people and cultures; Ask questions and question answers; Practice and encourage active listening; Look for the hook, relate uninteresting or difficult subjects directly to students' interests and daily life; Present new information in chunks. Curiosity initiates enthusiastic exploration which coupled with appropriate inputs, leads to effective learning.

**PERCEPTION** - Perceptions that are claimed to affect learning are kinesthetic, visual and auditory. It is the ability to see, hear or become aware of something through the senses. It is also the way in which something is regarded, understood, or interpreted. It is vital for a developing child's cognitive abilities, for him to be able to socialize, develop a sense of self-awareness, master hand-eye co-ordination and memory skills. Without this it is impossible for a child to have a real sense of who he is or how he fits into the world. Perception develops the ability to observe and interpret the data gathered by the senses. Positive attitudes and perceptions in the classroom are key to the ability to learn proficiently.

**REFLECTION** - Reflection involves linking a current experience to previous learnings. It means applying what we've learned to contexts beyond the original situations in which we learned something. It clarifies thoughts, gives insight and deepens understanding. They organize instruction so that

students are the producers, not just the consumers, of knowledge. To best guide children in the habits of reflection, teachers approach their role as that of facilitator of meaning making, using the strategies like discussions, interviews, questioning etc. Reflection creates a teacher-student bonding grounding them emotionally and enlivens the classroom.



**CRITICAL THINKING** - One of the significant aims of education is to create learners who have the appetite to think analytically and critically, to use what they know to enhance their own lives and also to contribute to their society, culture and civilization. Education should seek to prepare learners for self-direction and not pre-conceived roles. It is, therefore, essential that learners be prepared for thinking their way through the maze of challenges that life will present independently. Critical thinking enables exploration of a problem/question/situation integrating all available information to arrive at a solution or hypothesis. It aims at promoting independent thinking, personal autonomy and reasoned judgment in thought and action. This involves two related dimensions: the ability to reason well and the disposition to do so. Critical thinking involves logic as well as creativity. It may involve inductive and deductive reasoning, analysis and problem-solving as well as creative, innovative and complex approaches to the resolution of issues and challenges. On the basis of these considerations the capacity for critical assessment and analysis emerges as fundamental for enjoying a good quality of life.

"The art of teaching is the art of assisting discovery."  
- Mark Van Doren

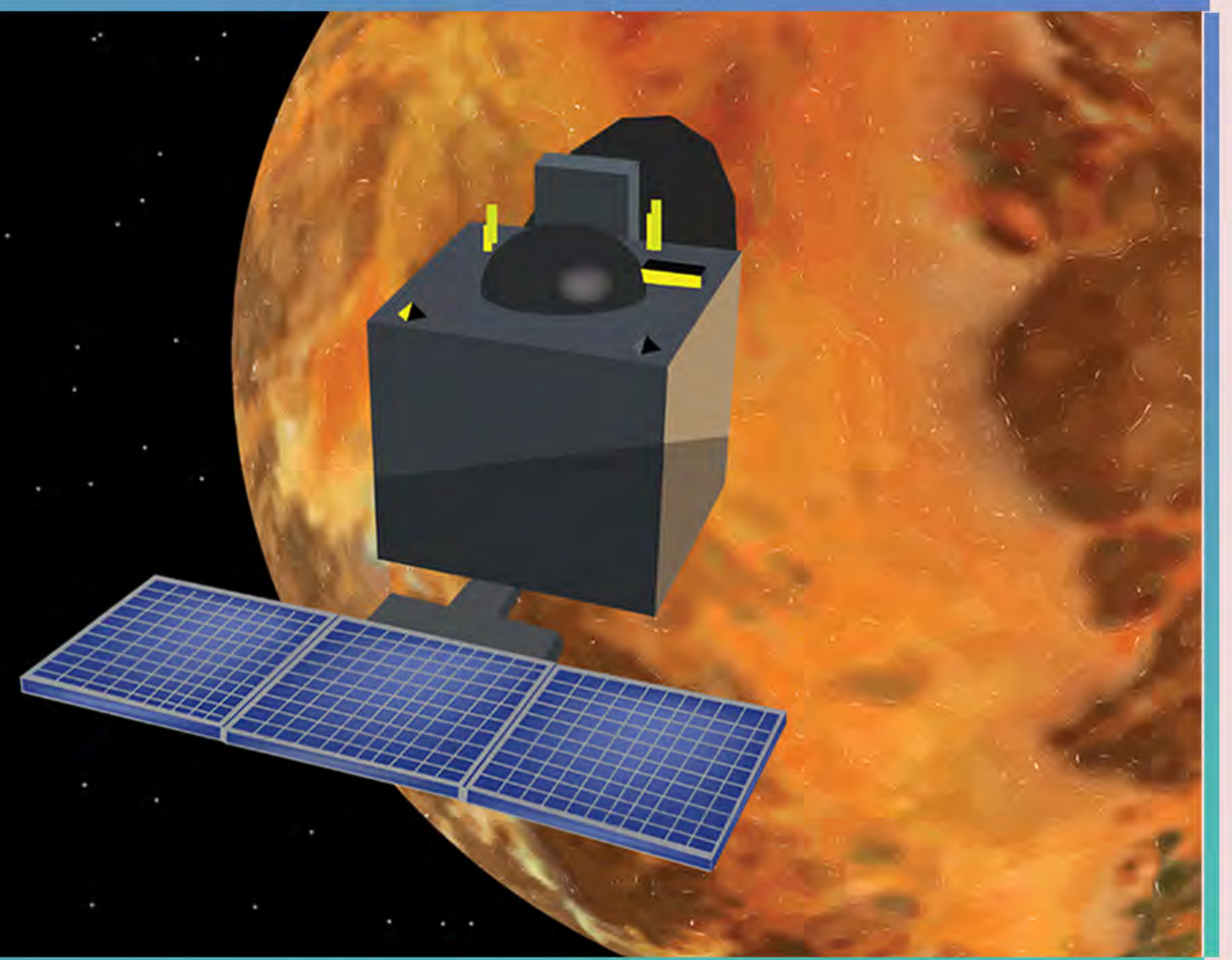


# SSSVV in Pictures : Multimedia Content

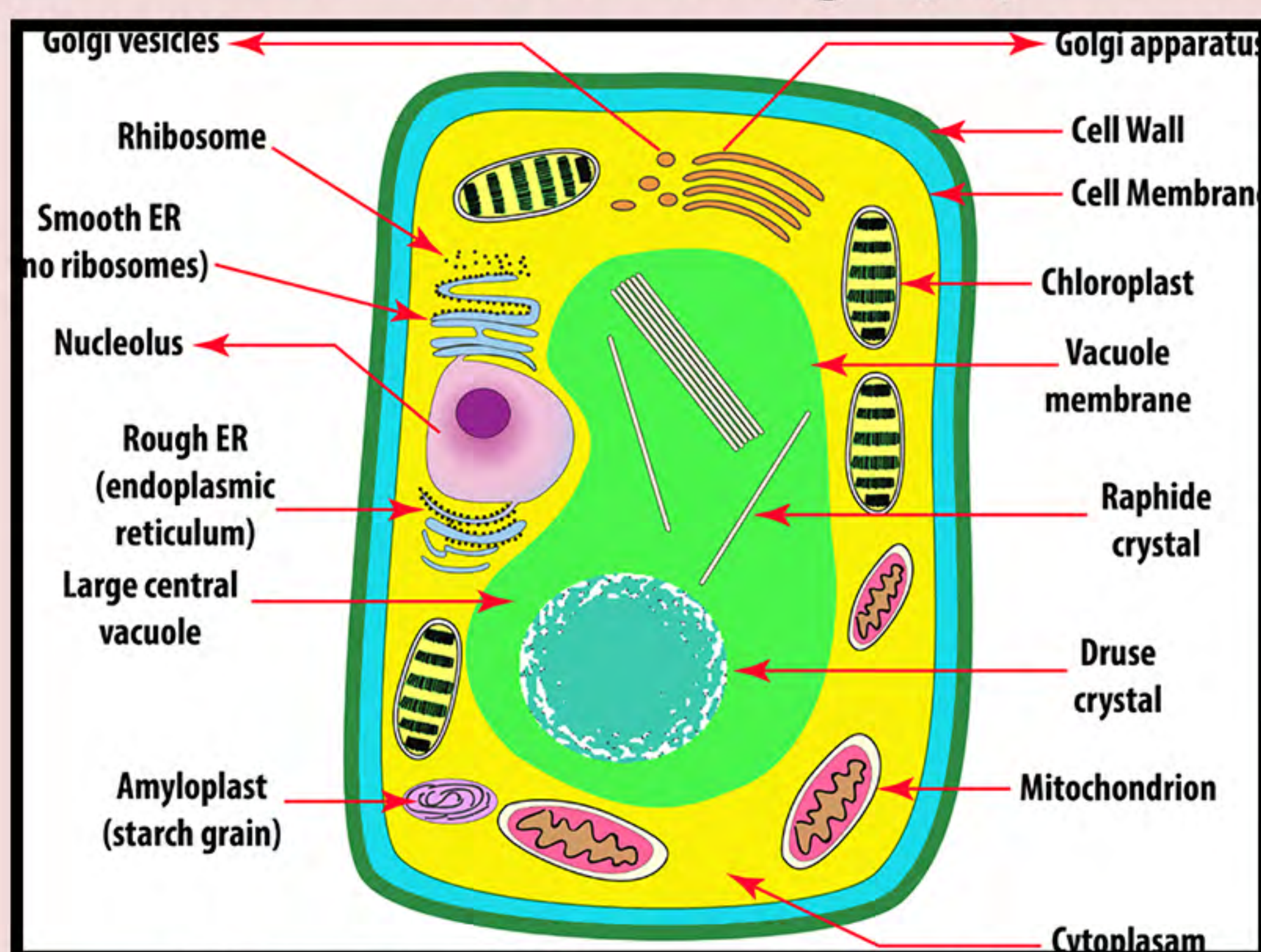
The illustrations featured in this page are created by volunteers and this forms part of the Content provided to the supported schools



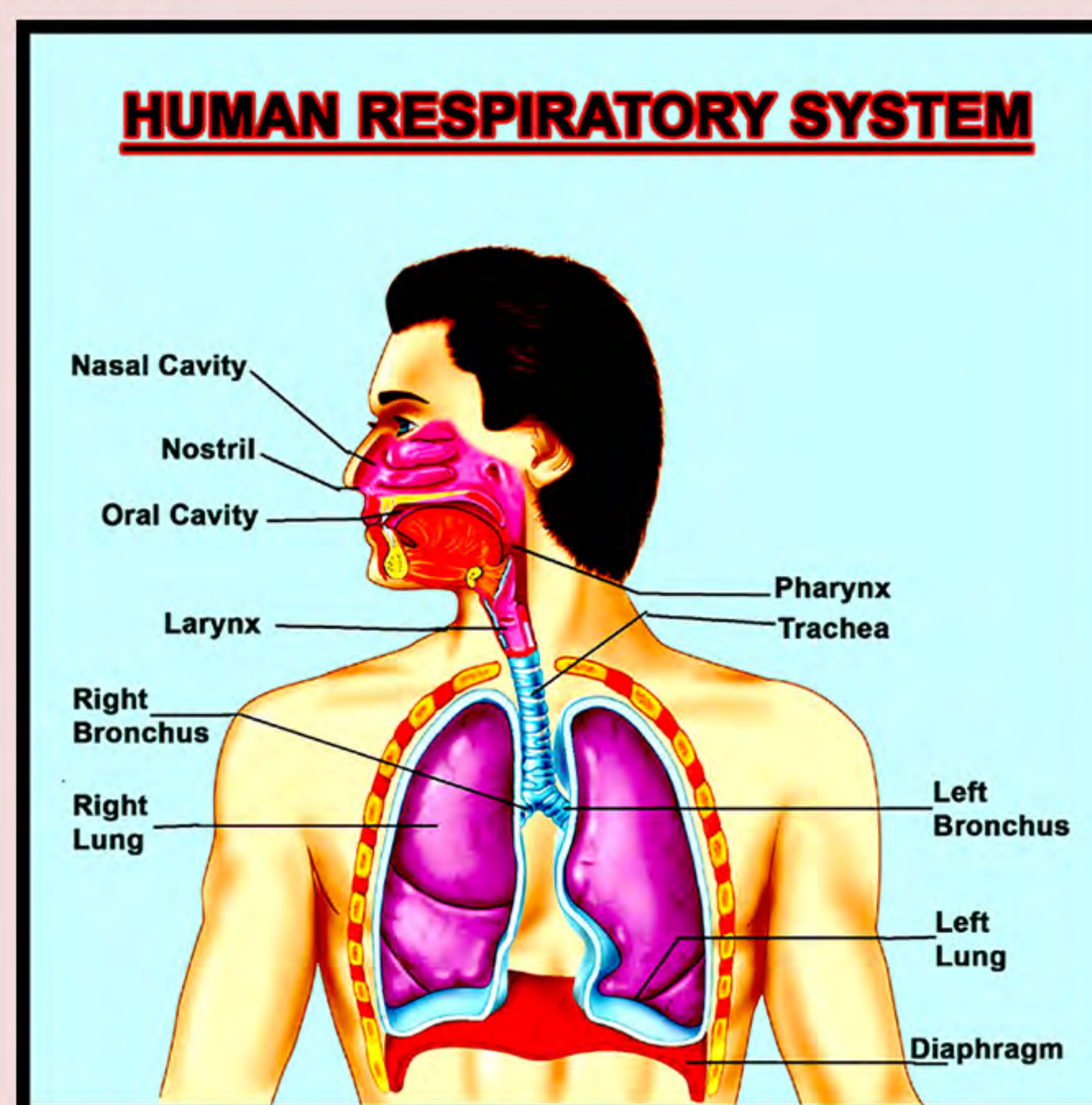
Ice Cubes Photography - Sreevalsam



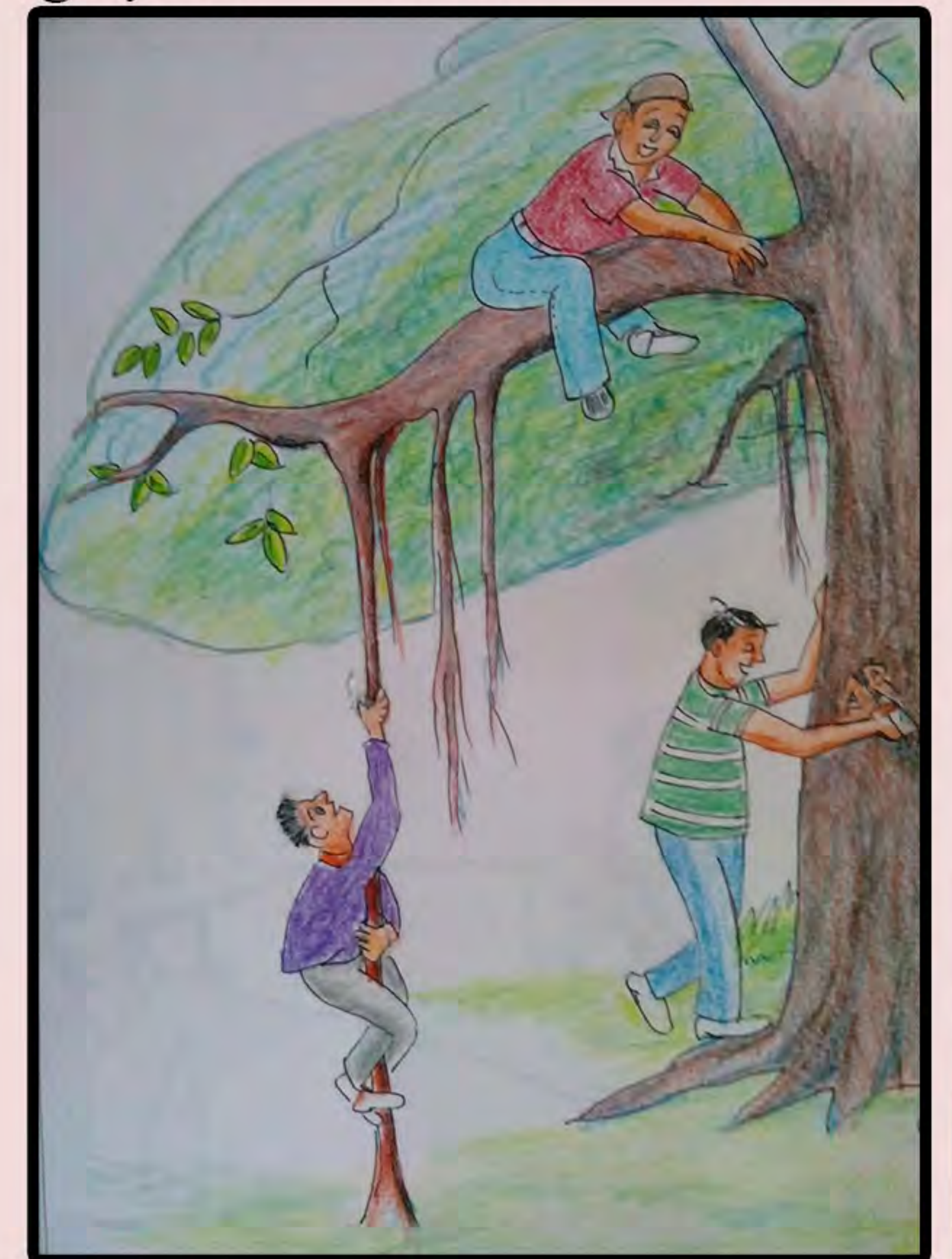
Mars Mangalyaan - Padma



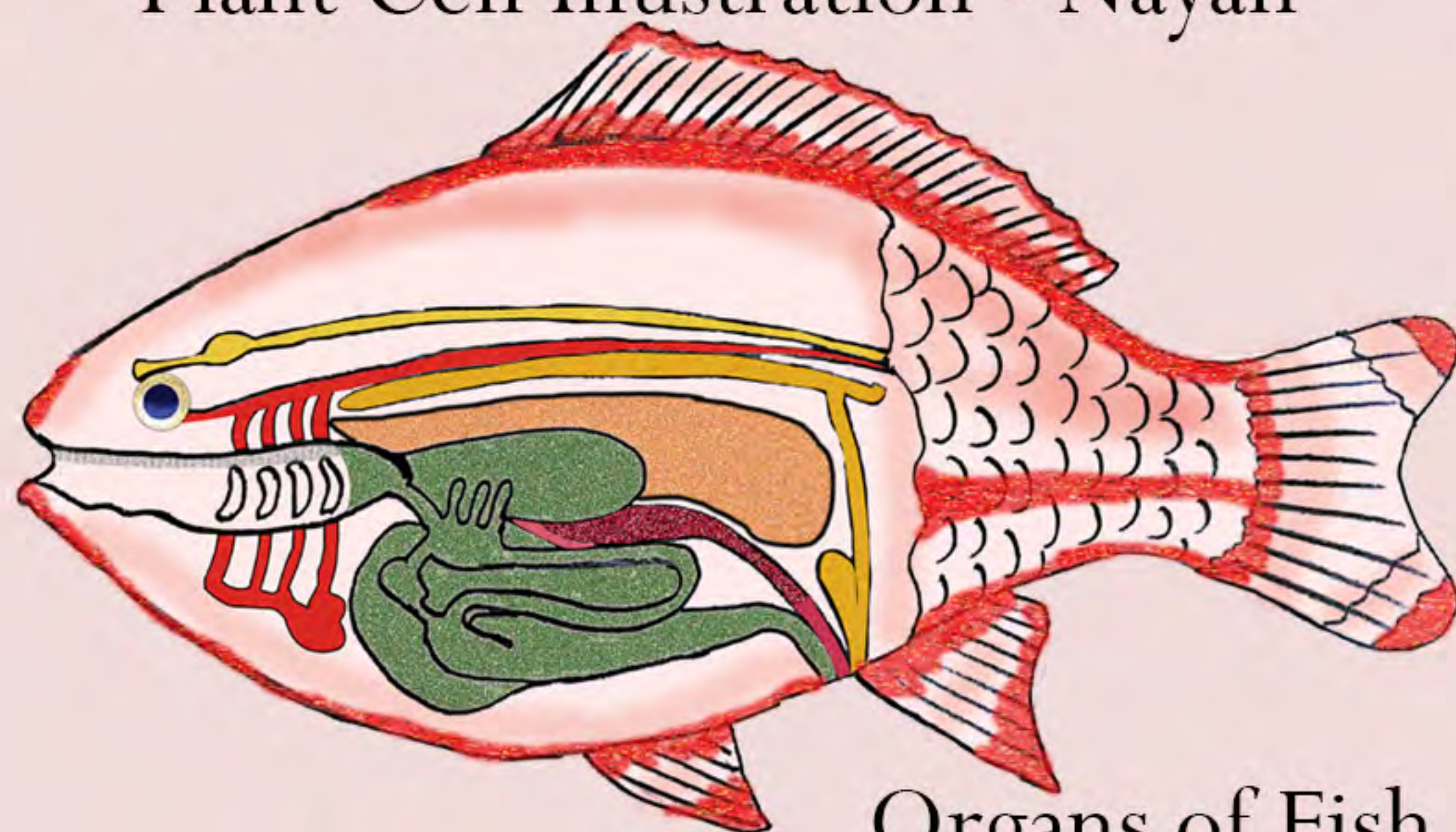
Plant Cell Illustration - Nayan



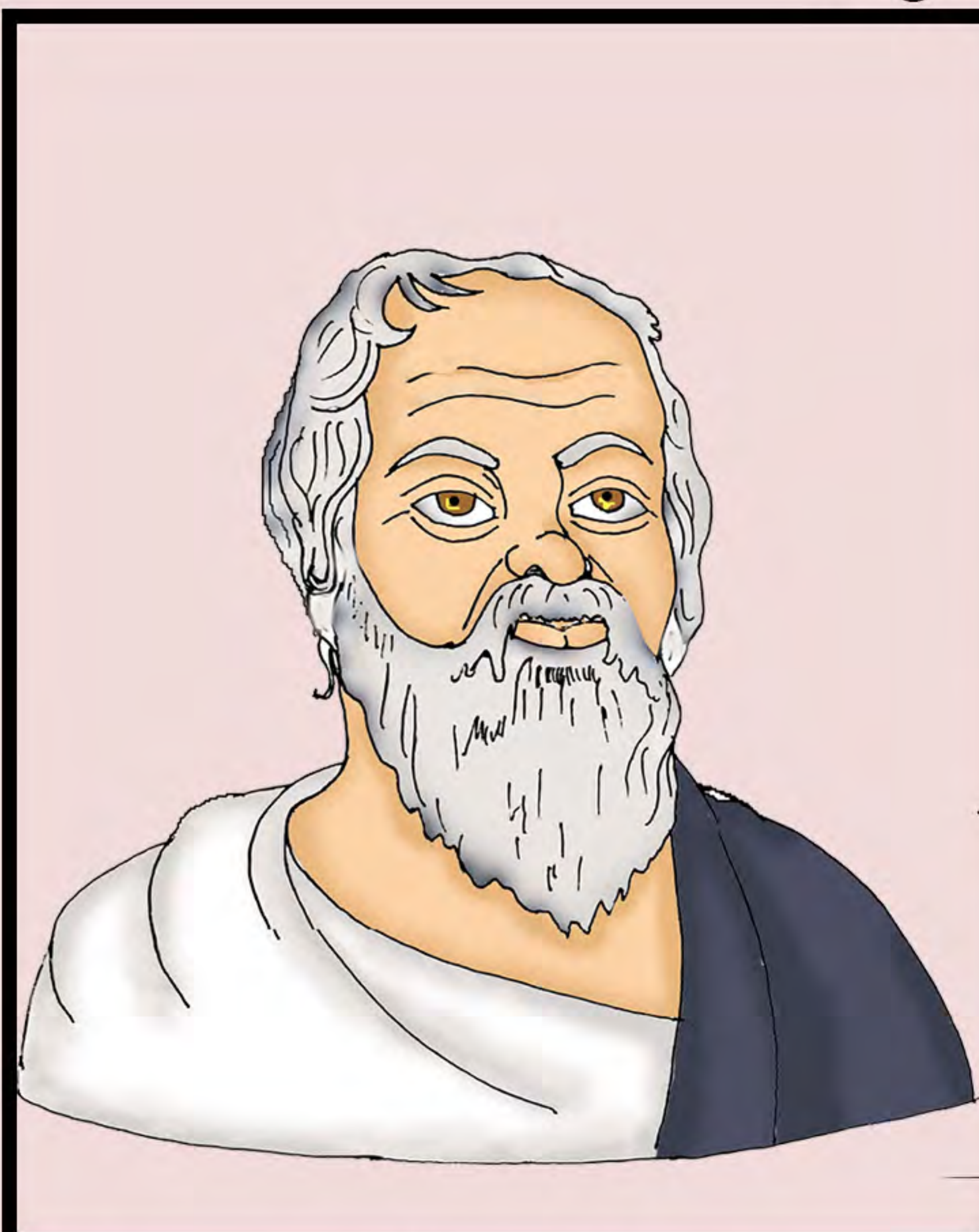
Respiratory Organs - Pirbin



Storyboard - Umesh



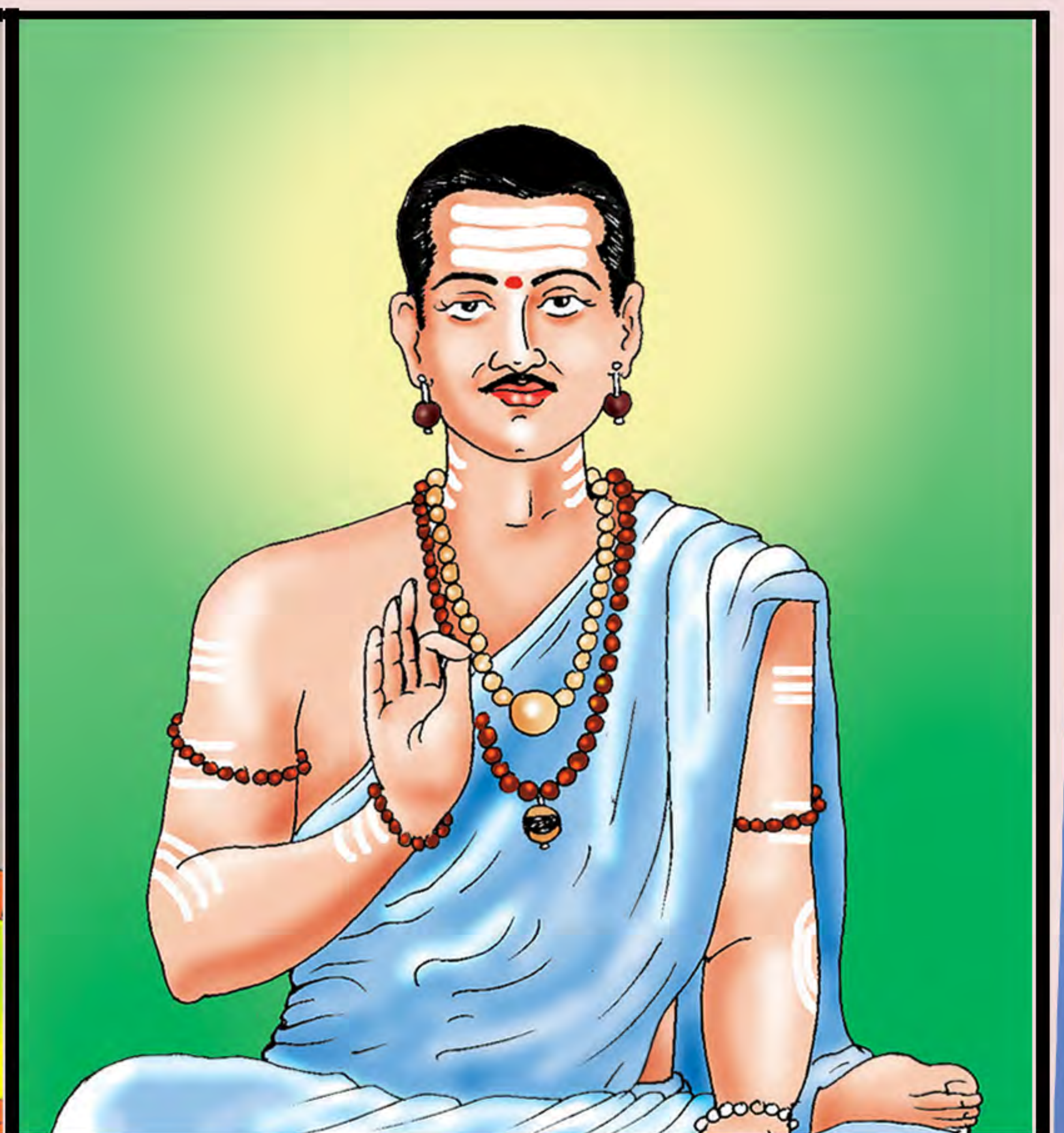
Organs of Fish -Maheshwari



Socrates - Hema Satagopan



Shivaji - Smitha Padmavathi



Basaveshwara - Moturi Srinivas



# Feedback From Schools:



**Name:** Sri B N Krishna Murthy

**Designation:** Founder Chairman

**Institution:** Sri Sathya Sai Shikshana Seva Kshethra(R), Heggere, Tumkuru.

**Background:** Educator at various levels in the dept of public instruction for about 36 yrs. Well experienced in both academics and school administration.

## Feedback:

Sri Sathya Sai Vidya Vahini is a much sought complete educational program to achieve Total Quality Management in both BAHYA & BRAMHA Vidya. TQM comprises of content, concept & culture. Swamy being Jnanabhaskara has gifted this vahini free of cost to suit the schools of all categories all over the globe. The four pillars, the four domains of influence and seven assets enable the schools to achieve

expected behaviour of all stakeholders. The training strategies are instructive and illustrative. The personnel involved are knowledgeable, skillful & humble. The state level program designers, master trainers & trainers are serving this program day and night. They are committed and devoted to the cause of integral, inspiring, enjoyable and participative education. SSSVV has made teaching lucid and vivid; learning simple and easy. The club activities are so cute that teachers and taught will definitely become more involved and research minded. Our management has found the best companion in providing technology based integral education. Located at educationally, economically and socially backward area at heggere in tumkur district karnataka, Swami's school is going to evolve itself as a lighthouse in near future.







**Name:** Sri Anoop K

**Designation:** Principal

**Institution:** Prashanthi Vidya Kendra  
Bayar Kasaragod.

**Feedback:**

Having been associated with the SSS Vidya Vahini programme for last one and half year, I feel it is an excellent educational programme which is more rewarding in providing quality education suitable for life. Along with academic excellence, the various aspects of learner's personality: life skills, attitudes, values can be achieved through this programme. To be honest, the Vidya Vahini

content has not been fully put to use by my teachers as the school is already using another content provider - Extramarks. The orientation programme and the huddles which we had so far were the best sessions I ever attended: comprehensive, effective, enjoyable, enlightening, and insightful. The knowledgeable and engaged instructors with excellent presentation skills and interminable patience have truly influenced me and my teaching community. We are eager to continue our association with the SSSVV team. Sai Ram.





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